

# **SOUTHERN NEW ENGLAND YOUTH FOOTBALL CONFERENCE**

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**BYLAWS  
APRIL 2024**

# **BY-LAWS OF THE SOUTHERN NEW ENGLAND YOUTH FOOTBALL CONFERENCE (SNEYFC)**

## **I. NAME**

The organization shall be known as "The Southern New England Youth Football Conference (SNEYFC)."

## **II. OBJECTIVES**

To promote the importance of sports in the SNEYFC. To pledge our cooperation with others in the field of education and sports and to administer a program that will always stress the best interest of the youth who participate in the Conference activities.

## **III. GOVERNMENT**

The constitutional By-Laws and Playing Rules are referenced herein for the regulations that will pertain to administration of the SNEYFC.

All Conference rules are to be strictly adhered to. If violations of By-Laws or Playing Rules occur, it should be reported to the Conference President. Any Team/ Squad for a particular league not complying with the accepted By-Laws and Playing Rules, not participating in the best interest of the safety and well-being of the players/cheerleaders and not operating in the best interest of the SNEYFC will be subject to the following penalties and whatever further action the Executive Board of the SNEYFC deems necessary. For the 1<sup>st</sup> offense of a violation of the By-Laws or Playing Rules by a team/squad for a particular league, the LEAGUE will be fined up to \$500.00 and the team/squad Head Coach will be issued a 1-game suspension. For a 2<sup>nd</sup> offense of a violation of the By-Laws or Playing Rules by the same league, during the same season, the LEAGUE will be fined up to \$750.00. If the 2<sup>nd</sup> violation is committed by the same team/squad as the 1<sup>st</sup> violation, the Head Coach of that team/squad will be issued a 3-game suspension. For a 3<sup>rd</sup> offense of a violation of By-Laws or Playing Rules by the same league, during the same season, the LEAGUE will be fined up to \$1000.00. If the 3<sup>rd</sup> violation is committed by the same team/squad as the previous violations, the Head Coach of that team/squad will be issued a suspension for the remainder of the season. The money collected from these fines shall be applied to the net profit of the Cheerleading Competition for the current year. If a league cheerleading squad does not adhere to the SNEYFC cheerleading Safety Rules during all games, practices, and other competitions, the squad will be ineligible to compete in the SNEYFC cheerleading competition(s). The decision of the Executive Board of the SNEYFC will be final.

The SNEYFC is organized exclusively for charitable, religious, educational, and scientific purposes, including, for such purposes that making of distributions to organizations that qualify as exempt organizations under section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future tax code.

No part of the net earnings of the SNEYFC shall inure to the benefit of, or be distributable to its members, trustees, officers, or other private persons, except that the SNEYFC shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in the purpose clause hereof. No substantial part

of the activities of the SNEYFC shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the SNEYFC shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of any candidate for public office. Notwithstanding any other provisions of this document, the SNEYFC shall not carry on any other activities not permitted to be carried on (a) by an organization exempt under section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future tax code, or (b) by an organization, contributions to which are deductible under section 170 (c) (2) of the Internal Revenue Code, or corresponding section of any future federal tax code.

Upon dissolution of the SNEYFC, assets shall be distributed for one or more exempt purposes within the meaning of section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future tax code, or shall be distributed to the federal government, or to a state or local government, for a public purpose. Any such assets not disposed of shall be disposed of by the Court of Common Pleas of the county in which the principal office of the organization is then located, exclusively for such purposes or to such organization or organizations, as said Court shall determine, which are organized and operated exclusively for such purposes.

The Executive Board of the SNEYFC shall be reimbursed on expenses incurred for miles traveled while performing duties in accordance with Article V (Player Safety). The reimbursement shall be set at \$.585 per mile and subject to change with approval of the Executive Board of SNEYFC.

#### IV. SPORTSMANSHIP

The conduct of coaches, players, cheerleaders and fans must always exemplify the objectives of the Conference. When unsportsmanlike like conduct occurs, it must be reported to the Conference President in writing, prior to the next Conference meeting. Any interested party may report infractions, as long as it is in the best interest of the youth of the Conference. However, once a letter is submitted to the Conference President, the author, or his/her representative, will appear before the Board of Directors at the meeting the letter is to be read, and he/she shall be notified by the Conference President so they may appear at the meeting. Also, a copy of said letter will be sent to the parties concerned by the Conference President, so they may appear at the meeting. If necessary, penalties will be determined by the Executive Board of the SNEYFC. The Executive Board of the SNEYFC may be required to take immediate action prior to the next meeting.

Any coach, who is ejected from a game by a referee, shall immediately leave the field of play and remain outside of the boundary lines (determined by the Game Administrator prior to the start of each season) for the remainder of the contest. Ejection from a game is defined as the removal from a contest by a game official. For the purposes of ramifications of an ejection after the game, ejection from a game is defined as the removal from a contest by a game official with a follow-up report or email submitted by the ECFO to the Executive Board of the SNEYFC in regards to the ejection within 72 hours of the completion of the contest. No communication will be made with the sidelines (directly or indirectly) once ejected from the contest via any method of communication (cell phone, portable headset, hand signals, shouting, etc.) If the ejected coach is the only coach or adult available to maintain safety and control of the players, the game shall be halted and a forfeit awarded to the opposing team. Additionally, the coach shall be suspended from the next scheduled game automatically. The coach shall not be on the sidelines for any game regardless of division level after being ejected or while suspended.

Any coach, who is ejected from a game and fails to comply with the rules of ejection, will be suspended for a one-year period (inclusive of the jamboree, regular season games and post season games for any division). Upon identification of such an incident, the suspension shall be made by notification to the Conference Representative for the affiliated league. Any appeals shall be made in accordance with Section VI.A.5.

All ejections and other violations of the Coaches Code of Conduct shall be reviewed by the Executive Board of the SNEYFC for action. If a particular team (Seniors, Juniors, Micros, Pee Wee) within a town has three (3) or more ejections in one (1) season, the offending team(s) will be ineligible for postseason play that season. There is no appeal process that a town may use for this decision.

A Coaches Code of Conduct is included in these By-Laws. It will be read and signed by all Head Coaches prior to the beginning of the season. The Head Coach's signature will represent his/her entire coaching staff and sideline personnel; therefore, these individuals will also be held accountable to the Coaches Code of Conduct. A signed copy will be given to the Conference Secretary at weigh-ins to be kept on file for the remainder of the year.

All Coaches, Volunteers and Parents affiliated with any league in or with the SNEYFC are expected to maintain the highest level of sportsmanship on and off the field at all times. This shall also apply to uses of any social media sites (such as Twitter or Facebook). Disrespect of any kind will not be tolerated. Any violations shall be reported to the Conference President. He/she shall then call a meeting of all parties involved and the SNEYFC Executive Board. If found in violation of this article, the following penalties could be imposed:

- a. 1<sup>st</sup> offense: 1-3 game suspension (based on severity of the offense)
- b. 2<sup>nd</sup> offense: 1-year suspension
- c. 3<sup>rd</sup> offense: lifetime ban from any conference activity

The following will be read prior to each game:

The SNEYFC and the \_\_\_\_\_ League expects all players, cheerleaders, coaches and fans to exemplify good sportsmanship at all times. We encourage positive cheering for your team or any good play.

Negative, demeaning or derogatory display of unsportsmanlike conduct of players, cheerleaders or officials will not be tolerated. Violators of this policy will be asked to leave and could be banned from any future SNEYFC function. Please be positive role models for our children and cheer positively

## V. PLAYER SAFETY

Player/cheerleader safety shall be the foremost responsibility of all Conference league personnel. To this end the following rules apply:

### 2. EMT Required

It is highly recommended that each program secure an EMT for their home games per the SNEYFC Bylaws. However, if a program is unable to secure an EMT with an official affiliation with an EMS provider organization, that program will be required to secure an individual who is a certified athletic trainer or someone who is certified in First Aid/CPR/AED either through the American Red Cross, American Heart Association or an equivalent organization. This individual must be identified to both Head Coaches and the Head Referee prior to each game and must remain on the sidelines (outside the coach's box) during the game in order to be readily available. In addition, it will be required for said individual to provide proof of their certification to the President of the local program and/or the Game Administrator. If during a game it is determined that an incident has occurred that requires the need of someone who is further medically certified to render appropriate medical care, the certified athletic trainer or individual who is certified in First Aid/CPR/AED either through the American Red Cross, American Heart Association or an equivalent organization covering the game will be required to activate the 911 system. While waiting for the 911 activated responders to arrive,(if required) the Game Administrator will ask over the public address system if there is anyone present who is medically certified to assist with care while the 911 activated responders are en route to the scene. If so, this/these individual(s) will be permitted to provide assistance under the Good Samaritan provisions noted in Connecticut State Law, and if needed, the Good Samaritan can use a team's medical equipment bag for personal protection precautions and provide treatment, as necessary.

In addition to the above, the local Game Administrator (who is not permitted to be a coach during the current game) will be required to be present on the field until the 911 activated responders arrive on the scene in order to ensure all coaches, officials, parents and players adhere to the directions of the certified individuals who activate the 911 system. This is an added preventative measure to ensure that the person who is in charge of the scene remains in charge until the 911 activated responders arrive.

### B. Notice from Licensed Physician or other licensed medical professional recognized by the Conference

Any player/cheerleader sent to a hospital or licensed Physician or other licensed medical professional recognized by the Conference, or under a licensed Physician or other licensed medical professional recognized by the Conference's care for any reason, will provide a signed statement from a licensed Physician or other licensed medical professional recognized by the Conference, plus

the parent or guardian, stating that they are able to resume participation in Conference activities. This statement is to be given to the player's Head Coach.

#### C. League/Coaches Medical Responsibility

League shall ensure that a minimum of one (1) adult person with a current First Aid/CPR/AED either through the American Red Cross, American Heart Association or an equivalent organization is present at each practice.

All coaches shall familiarize themselves with emergency procedures that may be necessary for children with special medical problems (i.e., bee stings, asthma, etc.).

There shall be a working mobile phone or landline phone present at each practice, scrimmage or game.

#### D. Administering Medications

No league member shall supply or administer internal medicines except as authorized by parent or guardian for special cases noted in paragraph V.C above.

#### E. Cheerleading Certification

Each town shall require one cheerleading representative to attend an USA Spirit Safety Certification class (the certification is good for 4 years). Each League should have all Cheer Directors (or designee) attend the Coaches Clinic as administered by the SNEYFC Executive Board. This representative shall be responsible for providing the information presented at the Coaches Clinic to their league's Head Coaches that did not attend. A town that fails to have representation at the rules familiarizations clinic will be ineligible for post season competition.

#### F. Football Certification

Each League should have all head coaches, and at a minimum, shall require one football representative to attend the annual rules familiarization clinic as administered by the SNEYFC Executive Board. This representative shall be responsible for providing the information presented at the Coaches Clinic to their league's Head Coaches that did not attend. A town that fails to have representation at the rules familiarizations clinic will be ineligible for post season competition.

Adopted beginning with the 2019 season: All Head and Assistant Coaches must hold a Level One coaching certificate from USA Football.

#### G. Game Administration

The home team shall provide a game administrator for each home game. This person should be a member of the home league and shall be knowledgeable of issues such as how to reach emergency personnel (both at the field and at remote locations), location of lights, field repair equipment, water and other issues necessary for the safe conduct of the game. The game administrator shall make him or herself known to the head referee prior to the start of the game and shall remain in close

proximity to the playing field during the game. The game administrator shall not be a coach for the game in progress.

#### H. Sideline Control

Only members of the team, the team staff (limited to 10 total personnel, including the Head Coach, the game administrator of the game being played, the water carrier, league photographer, the Football Director and President). Medical personnel (qualified EMT, certified athletic trainer or individual certified in First Aid/CPR/AED either through the American Red Cross, American Heart Association or an equivalent organization), or any SNEYFC Official will be allowed on the sideline during any game and do not count towards the limit of 10 personnel. Violators will be asked to leave. Repeat violators could be cause for the Head Coach to be suspended.

### VI. BY-LAWS

SNEYFC Bylaws, SNEYFC Playing Rules and SNEYFC Cheerleading Playing Rules will remain in effect for 2 years starting with the 2020 season and no changes or additions will be made unless it's due to a change in the NFHS and/or CIAC rules that impact the SNEYFC.

#### A. Officers of the Conference

##### 1. Executive Board

The Executive Board of the SNEYFC will handle all matters of the Conference between monthly meetings under the direction of the Conference President. The Executive Board of the SNEYFC will handle all disciplinary matters or problems that may arise in the interim. The actions or decisions of the Executive Board of the SNEYFC must be reported to the Board of Directors at the next regular monthly meeting.

##### a. President:

- 1) Presides at all Conference meetings.
- 2) Assumes full responsibility for the operation of the Conference and will make all appointments for appointed positions.
- 3) Ensures that all personnel are properly briefed on all phases of the rules, regulations and policies of the Conference.

##### b. Vice-President of Football:

- 1) Presides in the absence of the President.
- 2) Works with the other Officers and Committee members.

- 3) Is ex-officio on all committees.
- 4) Carries out such duties and assignments as may be delegated by the President.
- 5) Assumes duties as chairman of the By-Law committee.

c. Vice-President of Cheerleading:

- 1) Presides in the absence of the President and Vice President of Football.
- 2) Works with the other Officers and Committee members.
- 3) Is ex-officio on all cheerleading committees.
- 4) Carries out such duties and assignments as may be delegated by the President.
- 5) Assumes duties as chairman of the Cheerleading competition(s)
- 6) Appoints members to the cheerleading committees

d. Secretary:

- 1) Records the minutes of Conference meetings.
- 2) Responsible for notifying members of the Board of Directors of regularly scheduled and special meetings.
- 3) Maintains an official record of Conference activities.
- 4) Works on committees as appointed by the President.

e. Treasurer:

- 1) Dispense Conference funds as approved by the Board of Directors. He/she may make minor expenditures of not more than \$100.00, as approved by the Executive Board of the SNEYFC.
- 2) Keep Conference financial records and makes monthly reports on the status of Conference funds.
- 3) Responsible for arrangement and maintenance of Conference insurance in accordance with article VI.K (Insurance).

2. Election of Executive Board



The Executive Board of the SNEYFC shall be elected annually by the voting membership at the November Conference meeting. A majority vote is required for this election process. The elected members of the Executive Board of the SNEYFC will take office immediately following the election. Members of the Executive Board of the SNEYFC need not be members of any League or Association.

### 3. Election Procedure for the Executive Board of the SNEYFC:

- a. The Nominating Committee will make its recommendations during the October Conference meeting. The committee may recommend one (1) or more names for each position.
- b. A ballot with the recommendations of the Nominating Committee will be prepared for the November meeting.
- c. The Chairman, or one of the members of the Nominating Committee, will supervise the election during the November Conference meeting.
- d. The election will be held for one office at a time in the following order: President, Vice President of Football, Vice President of Cheerleading, Treasurer, and Secretary. During the election, names from the floor may be added to the ballot for each position.
- e. The nominee who receives the majority of the votes will win the election. If a tie results, a run-off will be held between the tied nominees.

### 4. Filling a Vacancy on the Executive Board of the SNEYFC

Should a member of the Executive Board of the SNEYFC not complete the entire year in office, the President shall appoint a replacement to serve the remainder of the year in the vacated office. The President's decision shall be subject to an appeal in accordance with Section VI.A.5.

### 5. Appeals of the Executive Board of the SNEYFC Decisions

Any decision made by the Executive Board of the SNEYFC may be appealed. Any appeal must be made in writing by a league representative and delivered to the Conference President within 72 hours after a decision of the Executive Board of the SNEYFC. A meeting of the Board of Directors will be called within 48 hours after an appeal is received. It shall take a vote of the Board of Directors to overturn a decision of the Executive Board of the SNEYFC. Appealing team or teams cannot vote.

### 6. Appeal process for player ejections

The appeal should be filed within twenty-four (24) hours following the completion of the game. The Head Coach filing the appeal will be responsible for a detailed report to present in person to the SNEYFC Executive Board. The report shall be signed by the Head Coach and the league representative. The SNEYFC Executive Board and one other league representative shall conduct a hearing concerning the appeal of a player ejection. The Executive Board of the SNEYFC and/or

the ECFO youth liaison shall request the game official's written report concerning the reason for the ejection of the player. If no report is received or submitted to the Executive Board of the SNEYFC 72 hours, then the game ejection is overruled. A decision by the Executive Board of the SNEYFC shall be made prior to the next scheduled game of the team involved.

## B. Voting

### 1. Voting Membership (Board of Directors)

a. Each existing league in the Conference shall have one vote on all issues. A vote may only be cast by a member of the board of Directors, or his authorized representative, in accordance with Article VI.C (Leagues of the Conference).

b. Each new league is not granted voting privileges until the next regularly scheduled monthly meeting after acceptance into the Conference.

### 2. Quorum

A quorum shall consist of 2/3 of the official representatives of the voting membership and at least three members of the Executive Board of the SNEYFC.

### 3. Approval of Motions/Appeals

It shall require approval of 2/3 of the voting members present at any Conference meeting to pass any appeal made by due process or to approve a change to the By-Laws and Playing Rules. A majority vote is required to pass all motions.

### 4. Relinquishing Right to Vote

a. Any league dropped from the Conference in accordance with Article VI.F.3 (Penalties for Missed Meetings) shall forfeit its voting rights until re-admitted to the Conference.

b. Any league dropped from the Conference in accordance with Article VI.K.2, (Proof of Coverage) shall forfeit its voting rights until reinstated there under.

## C. Leagues of the Conference

### 1. Boundaries

a. The boundaries for each league are listed in Appendix A. No league will be allowed to recruit outside their respective boundaries.

b. Players shall register to play within the league boundaries in which they reside. If a player resides outside of the league boundaries defined in Appendix A, such player shall be able to register with any league in the conference. For purposes of this rule, registered is defined as listed on a checked and initialed SNEYFC weigh-in roster. Once a player has registered in a league, he shall remain in that league unless one of the below conditions is satisfied:

1. If a player/cheerleader relocates his or her residence, as defined by school registration, or in the case of private or regional school attendance as defined by the residence of the Parent/Guardians who may claim them as dependent per the Internal Revenue Service (IRS) definition, AND such relocation takes place prior to week two of the playing season, the player may transfer to the league which has jurisdiction per appendix A. (Note: Any relocation after week two of the playing season will constitute a right to change leagues the following year.)
2. If a player/cheerleader wishes to request a waiver from the league in which he/she is registered or required to participate in, the league in which the player wishes to transfer to must submit the SNEYFC approved waiver form to the SNEYFC Executive Board for review and approval. Preliminary approvals will be given each month. However, waivers will not officially be approved by the SNEYFC Executive Board until the conclusion of the August Conference Meeting in order to ensure that a high number of waivers have not been signed from any one town that would impact their roster numbers. No waivers (outside of change of residence) will be approved after the August Conference Meeting, including any waivers requested at the Conference weigh-in or roster validation.
3. If a player/cheerleader changes residences to a location that is outside of the boundaries specifically assigned to a league of the SNEYFC, that player/cheerleader may register with any league within the Conference so long as the transfer takes place prior to the completion of week 2 of the regular season playing schedule.
4. If a player/cheerleader does not weigh-in or be validated on a SNEYFC league roster for one complete season, that player/cheerleader may register with any league claiming that area in any subsequent season subject to the age and weight limits of these by-laws. No waiver is required for a player/cheerleader to move to another league as long as they have sat out one full season in this instance.
5. A player/cheerleader who resides in a location that is outside of the boundaries specifically assigned to a league of the SNEYFC, but has been weighed in or validated on a SNEYFC league roster, must sit out one season if they desire to register with another league of the SNEYFC. No waiver is required for a player/cheerleader outside our boundaries to move to another league as long as they have sat out one full season in this instance.

c. No transfers shall take place with or without a waiver, regardless of residence, after Week 2 of the playing season. Any discrepancy in a player's residence shall be decided by the Executive Board of the SNEYFC.

d. Any player issued a waiver must present such waiver at the official conference weigh-in or roster validation. This will also be noted in the comments section of the weigh-in roster or validated cheerleading roster.

## 2. Emphasize the Senior Division

The Conference shall emphasize the Senior division. If a league cannot field a minimum roster of fourteen (14) Senior players at the July Conference meeting, the Conference President shall be notified.

## 3. Team Colors

The official colors of all Conference teams must be submitted to the President at the February Conference meeting. Appendix B contains a list of all team colors.

a. All uniform changes shall be approved by the Board of Directors prior to the season.

b. Leagues with home and away jerseys are to use the appropriate colors noted in Appendix B against leagues whose colors are the same. Violations will result in a forfeit by the violating team.

## 4. League Representatives

a. Each league in the Conference shall submit to the Conference President, no later than the February Conference meeting, a list with a minimum of three (3) persons that have been given the authority to act as their official league representative. This list must be submitted in priority order. In case of a dispute among league representatives regarding the casting of votes, the priority list shall be used to adjudicate that Town's vote.

1. Official Member of the Board of Directors
2. Alternate Member
3. Second Alternate

b. Each new league shall submit to the Conference a list of current League Executive Officers to be updated thirty (30) days after each league election.

## D. Entry into the SNEYFC

### 1. Application Date

New members seeking entry into the Conference shall submit a formal letter of intent to the Conference President no later than the regular March Conference meeting.

### 2. Entry Fee

The application for membership shall be accompanied by a \$150.00 entry fee, which shall cover their dues for the current calendar year. The entire entry fee is returnable immediately if the

application is rejected by the Conference but is forfeited if the application is withdrawn by the applicant, regardless of the reason.

### 3. Proposed Boundaries

Application shall be accompanied by a definition of proposed league boundaries. Sixteen (16) copies of the application shall be provided with a map of sufficient quality for reproduction.

### 4. Approval of Entry

Acceptance into the Conference shall be subject to the approval of the voting members of the Conference at the April Conference meeting.

## E. Finances

### 1. Conference Dues

Each league must submit annual dues in the amount of one hundred dollars (\$100.00) to the Conference Treasurer no later than the May Conference meeting. These dues may be refunded at the first meeting of the year following the Annual Business Meeting if the Executive Board of the SNEYFC determines that the Conference Finances are solvent and if the League is legally represented by an authorized representative or first/second alternate at the Annual Business Meeting.

### 2. Fund Raising

All finances shall be realized from voluntary contributions, registration fees and other fund-raising activities approved by the Board of Directors.

### 3. Non-Profit Organization

No individual shall profit from any league or Conference activity.

### 4. Cheerleading Competition

The cheerleading competition committee shall present an estimated budget of expenses for the cheerleading competition to the Board of Directors at, or prior to, the September meeting.

## F. Meetings

### 1. Meeting Schedule and Attendance

The Conference will meet each month with the exception of December and January of each year. Members of the Conference will select the time and location. The Conference Secretary shall notify all Conference Representatives of the time and location of each meeting or special event. Attendance by a Conference Representative is mandatory for all Conference meetings. A quorum is required for all official conference meetings.

## 2. Special Meetings

The President shall have the authority to call special meetings for all matters pertaining to the best interest of the Conference.

## 3. Penalties for Missed Meetings

a. Any league that misses one (1) scheduled Conference meeting will be fined one hundred dollars (\$100.00). The individual leagues shall be held responsible for these fines

b. Any league that misses two (2) consecutively scheduled Conference meetings, will be notified by a certified letter from the Conference, that an additional one hundred dollars (\$100.00) fine is imposed on that league and that after a third missed meeting, the Conference will assume that said league is no longer interested in being a member of the Conference and they will automatically be dropped by the Conference and will not be eligible for any further competition(s).

c. Any league that misses three (3) scheduled Conference meetings (not just consecutive) in a calendar year is automatically dropped from Conference membership. Any league dropped from the Conference under this article, and asking to be reinstated, will be treated as a new league seeking entry into the Conference in accordance with Article VI.D (Entry into the SNEYFC) and must also pay the applicable missed meeting fines.

d. All fines for missed meetings will be due at the next regularly scheduled meeting attended by the offending league or leagues.

e. Any League that fails to attend the annual meeting will be levied a fine of \$200.00 due by the February meeting of the following year. Failure to pay the fine will result in expulsion from the Conference. That League would then have to apply for admittance to the Conference in accordance with Article VI.D (Entry into the SNEYFC).

## G. Official Standings and Points

Official standings of the teams shall be maintained and published weekly by the Conference Vice President of Football or designee. The league representative of the home team is responsible for notifying the Conference Secretary the scores of the Senior, Junior, Micro and Pee Wee games on the day that the games are played. If the results are not made available to the Conference Vice President of Football, by Monday at 8:00 PM after the weekends' games, the results will not be published in the local media, and the offending league (home team) shall be fined \$100.00. Two (2) points will be awarded for a victory.

## H. Conference Play-Offs Super Bowls/ Championship and Cheerleading competition.

1. Senior, Junior, Micro and Pee Wee Football Divisions and Senior, Junior, Micro and Mini Cheerleading Divisions

The SNEYFC will consist of 1 division with 8 teams qualifying for the post-season.

a. Play-off teams will be seeded one (1) through eight (8) based on their final season point totals. In the event there is a tie for a play-off position, the tie shall be broken as follows:

1. Regular Season, head-to-head competition between the tied teams; the winner will receive the higher position ranking. NOTE: In order for the head to head tiebreaker to be applied to more than 2 teams, each of the teams involved would have to have played each other in the regular season. Example 1: Team A, Team B and Team C have identical records. If Team A played Team B but did not play Team C, the head to head tiebreaker would not apply and the next tiebreaker (record among common opponents) would be applied. Example 2: Team A, Team B and Team C all have identical records. Team A defeated Team B but lost to Team C. Team B defeated Team C but lost to Team A. Team C defeated Team A but lost to Team B. This means they all have a 1-1 record in head to head competition, the head to head tiebreaker would not be applicable and the next tiebreaker (record among common opponents) would be applied. Example 3: Team A, Team B and Team C have identical records. Team A defeated Team B and Team C in the regular season. Team A would hold the head to head tiebreaker over Team B and Team C in this scenario. The tie between Team B and Team C would then be broken using the next tiebreaker (record among common opponents) as the tiebreaking procedure would not revert backwards and repeat head to head again.
2. Record among regular season common opponents; the winner will receive the higher position ranking.
3. Strength of victory. The teams playing the strongest schedule, as determined by adding the total number of wins of the opponents that they defeated during the regular season, not the total number of wins of their opponents.
4. Strength of schedule. The teams playing the strongest schedule as determined by adding the total number of wins of their opponents will receive the higher position ranking.
5. A coin toss or blind draw: The winner will receive the higher position ranking. If two teams are tied for position after all the above remedies have been applied, a coin will be tossed. The team traveling the furthest to the site of the coin toss shall call heads or tails. If more than two teams are tied after all the above remedies have been applied, a double-blind draw shall be conducted. The numbers 1, 2, 3 (or more) shall be written on paper and be sealed into individual security envelopes and placed into a container. Each team, in alphabetical order using the town names, shall then draw another piece of paper, chip or other suitable device numbered 1 through 3 (or more) from a closed container. The team drawing number one will have first choice of the envelopes, the team

drawing number two shall have second choice and so on until all envelopes have been chosen. The envelopes shall not be opened until each team has chosen. The team that chooses the envelope with the number one shall be awarded the position. If more than one position is in dispute, then the team drawing the number 2 shall be awarded the next position and so on until all playoff positions are filled.

6. NOTE: Tiebreakers are applied in order (head to head, record among common opponents, strength of victory, strength of schedule, coin toss or blind draw). At no point will the process revert backwards.

b. The post-season will involve three (3) weeks. During Week 1 of the postseason, the #1 seed will host the #8 seed, the #2 seed will host the #7 seed, the #3 seed will host the #6 seed and the #4 seed will host the #5 seed.

c. In each round of the playoffs, the higher seeded team shall be the home team unless they request other arrangements.

d. Playoff games within each division shall be scheduled on a Sunday at the same day and time, unless otherwise agreed upon at the playoff seeding meeting by all teams in that division and based upon officiating board coverage/availability. The Championship games shall be scheduled for either Saturday afternoon/evening (provided the host team has adequate facilities for afternoon/evening games) or Sunday morning/afternoon. A determination as to whether the facilities are adequate (e.g., sufficient lighting) will be made by the Executive Board of the SNEYFC no later than the May conference meeting.

e. Regular Season playing rules including the tie breaker rules shall be followed in all non-championship games.

f. Any team that forfeits a league scheduled game will be fined \$500.00. Said fine may be waived by the Executive Committee if the league in question can show circumstances beyond the control of their league.

g. Any team that forfeits three (3) games during the regular season will be declared ineligible for Conference Play-offs and Super Bowl/Championship games.

h. Any cheering squad that does not cheer at their teams regularly scheduled games shall be treated as a cheerleading forfeit. Any cheerleading squad that forfeits three (3) games during the regular season will be declared ineligible for the cheerleading competition(s).

i. Any individual cheerleader who does not cheer at their teams regularly scheduled games without an excused absence shall be treated as a cheerleading forfeit. Any individual cheerleader that forfeits three (3) games during the regular season will be declared ineligible for the cheerleading competition.

## 2. Super Bowl /Championship Games



a. The Senior, Junior and Micro Superbowls will be played on a rotating basis between all the leagues in the Conference. If a league does not wish to host these games, that league will be dropped to the bottom of the rotating list of leagues and the next team in rotation will be offered the game. Host towns shall have the facilities to accommodate such a game. At a minimum: 100 yard field, goal posts, visible and working game clock, and benches on both sides of the field. The host town will have until October 15<sup>th</sup> of the calendar year to secure the field. If no field is secured by that date, it will go to the next town on the rotation. The SNEYFC shall pay for 4 referees and one official timer for all Championship Games.

b. Regular Season playing rules apply. In the event of a tie after, the four down tiebreaker rule is applied the two teams will be declared Co-Champions.

c. All receipts from the Super Bowl fund-raisers will go to the host league to offset the costs of the games. Adults from the host League shall handle all fund raisers. All receipts from the cheerleading competition(s) shall remain the property of the Conference.

d. Each team in the Super Bowl must provide one new ball that meets the requirements of Conference playing rules. They may select either of the balls to use when they are on offense.

e. The home team for each Super Bowl shall be the highest seeded team based upon the playoff seeding bracket.

f. During the warm-up period of each Superbowl, the SNEYFC Executive Board may review documentation (including pictures and/or video footage) from the Conference weigh-ins for each player and team participating in the Super Bowl. If there are any discrepancies or differences from the Conference weigh-ins, the impacted player(s) will not be permitted to participate in the Super Bowl and sanctions will be levied on the violating town.

## I. Awards

### 1. Football Team Awards

The Conference will award trophies to the winner and loser of each Super Bowl and to the winner of each Bowl Game. In the event of a tie in the Super Bowl, both teams will be awarded a trophy. All trophies will be awarded after the Super Bowl and will be retained permanently by the winning (tied) teams, with the exception of the Kevin Devine Memorial traveling trophy. After three (3) years of consecutive wins, that team owns the trophy.

Starting with the 2024 season, the SNEYFC will recognize an All-Conference Football team. This is an honorary event, no game will be played. Players selected from the list of student-athletes provided would be invited to the Super Bowl and announced at halftime of the game corresponding to the level they played for that season. Each team will nominate up to four (4) players per level.

### 2. Cheerleading Awards

The Conference will award to the winners of the cheerleading competition(s) as follows:

All division first place teams will receive medals. Top placing teams will be awarded trophies/plaques in accordance with the following formula:

**Number of  
Competing teams**

**Number of teams that place**

50% of teams place.

e.g. 13 teams =7 awards

Ties are addressed in the competition rules.

J. Super Bowl/Cheerleading Dedication

Each year the Super Bowls may be dedicated to an individual who has been instrumental in promoting youth football and cheerleading in the area. Nominations must be submitted to the Executive Board of the SNEYFC prior to the September Conference meeting. Selection of the individuals will be accomplished during the September Conference meeting.

K. Insurance

1. Coverage Required

Each League shall carry, at a minimum, the below insurance limits throughout the season for both football players and cheerleaders:

Products - Comp/Op Aggregate	\$1,000,000 minimum
Personal and Adv Injury	\$1,000,000 minimum
Each Occurrence	\$1,000,000 minimum
Medical Expense (any one person)	\$5,000 minimum
Participant Legal Liability	\$1,000,000 minimum
Excess Accidental Medical/Dental	\$100,000

Additionally, each league is required to carry insurance covering their cheerleader's participation in the SNEYFC Cheerleading competition(s)

2. Proof of Coverage

If so desired, the Conference treasurer will assist any league in arranging for insurance. Documented proof of insurance coverage is required from all leagues prior to the July Conference meeting. Teams failing to comply with this requirement will not be allowed to participate in the Conference until such proof is provided.

3. Spectator Liability Insurance

The conference shall be responsible for purchasing spectator liability insurance for the SNEYFC Cheerleading competition(s).

## L. Cheerleader Eligibility

### 1. Grade requirements and Age Limits for Cheerleaders

- a. Senior cheerleader must be in 7<sup>th</sup> or 8<sup>th</sup> grade and not have achieved their fifteenth (15) birthday prior to 31 December of the current calendar year.
- b. Junior cheerleader must be in 5<sup>th</sup> or 6<sup>th</sup> grade and not have achieved their fourteenth (14) birthday prior to 31 December of the current calendar year.
- c. Micro cheerleader must be in 3<sup>rd</sup> and 4<sup>th</sup> grade and not have achieved their twelfth (12) birthday prior to 31 December of the current calendar year.
- d. Mini cheerleaders must be in K, 1<sup>st</sup> or 2<sup>nd</sup> grade and not have achieved their eighth (8<sup>th</sup>) birthday prior to 31 December of the current year. They must have achieved their fifth (5<sup>th</sup>) by 31 December of the current calendar year in order to compete.

### 2. Grade Limits

All players/cheerleaders must be in the eighth (8<sup>th</sup>) grade or lower to participate in SNEYFC activities.

## M. 4 DIVISIONS OF FOOTBALL (BASED UPON LEAGUE AGE)

If at any point in time (including after the conclusion of the playing season and Super Bowl), a player is determined to be ineligible to participate due to any circumstance (including but not limited to player age, player residence or falsification of any weigh-in data), that player will immediately be deemed ineligible and all games from that season (including playoff, Super Bowl and Bowl Games) will be forfeited by the offending town and the offending town will be required to surrender any awards achieved (Super Bowl trophies, Bowl Game Trophies/Plaques) and the SNEYFC Executive Committee will award these to the appropriate team. In addition, further sanctions will be levied against the violating town by the Executive Board of the SNEYFC.

For Football, the date in which league age is determined is June 1<sup>st</sup> of the current calendar year for all divisions.

### 1. Senior Division

- a. League age 12-14 but younger players can play up. Playing up is determined by the local town after player evaluations are completed.
- b. No player can turn 15 years of age during the current calendar year and must be in the 8<sup>th</sup> grade or lower.
- c. There is no maximum weight at this division. Players over 150 pounds (non-skill weight) are permitted to line-up anywhere on the offensive and defensive lines of scrimmage. However, players over 150 pounds (non-skill weight) will not be allowed to run, catch or throw the football

and must be numbered according to their weight at the official weigh-in (e.g., non-skill weight players must be numbered 50-79). Non-skill weight players will NOT be allowed to punt the football. Note - The line of scrimmage extends from sideline to sideline and is within 1 yard of the end of the football in each direction).

d. Skill position weight = 150 pounds and lower

## 2. Junior Division

a. League age 10-11 but younger players can play up. Playing up is determined by the local town after player evaluations are completed

b. There is no maximum weight at this division. Players over 125 pounds (non-skill weight) are permitted to line-up anywhere on the offensive and defensive lines of scrimmage. However, players over 125 pounds (non-skill weight) will not be allowed to run, catch or throw the football and must be numbered according to their weight at the official weigh-in (e.g., non-skill weight players must be numbered 50-79). Non-skill weight players will NOT be allowed to punt the football. Note - The line of scrimmage extends from sideline to sideline and is within 1 yard of the end of the football in each direction).

c. Skill position weight = 125 pounds and lower

## 3. Micro Division

a. League age 8-9 but younger players can play up. Playing up is determined by the local town after player evaluations are completed. However, no first year Pee Wee players are permitted to play at the Micro Division.

b. There is no maximum weight at this division. Players over 100 pounds (non-skill weight) are permitted to line-up anywhere on the offensive and defensive lines of scrimmage. However, players over 100 pounds (non-skill weight) will not be allowed to run, catch or throw the football and must be numbered according to their weight at the official weigh-in (e.g., non-skill weight players must be numbered 50-79). Non-skill weight players will NOT be allowed to punt the football. Note - The line of scrimmage extends from sideline to sideline and is within 1 yard of the end of the football in each direction).

c. Skill position weight = 100 pounds and lower

## 4. Pee Wee Division

The Pee Wee division is a non-competitive division (i.e., there will be no standings or playoffs). Towns who are able to field a Pee Wee program will follow the existing SNEYFC Bylaws and Playing Rules as written but may have a schedule independent of the Micros, Juniors and Seniors.

a. League age 6-7 but younger players can play up. Playing up is determined by the local town after player evaluations are completed.

b. There is no maximum weight at this division. Players over 85 pounds (non-skill weight) are permitted to line-up anywhere on the offensive and defensive lines of scrimmage. However, players over 85 pounds (non-skill weight) will not be allowed to run, catch or throw the football and must be numbered according to their weight at the official weigh-in (e.g., non-skill weight players must be numbered 50-79). Note - The line of scrimmage extends from sideline to sideline and is within 1 yard of the end of the football in each direction).

c. Skill position weight = 85 pounds and lower

d. There is no minimum age for this division. The low-end age requirement would be dictated by each league based upon their insurance policy, internal by-laws and the assessment of skill level, capability and competency of each player.

## 5 Player Movement

a. Players are allowed to move up a division at any time, just like they have been able to in the past. However, if a player moves up a division they are permitted to move back down at any time. The purpose of this is to allow a player to participate in their age appropriate division but to allow that player (if potentially prepared to play up a division) to help with any roster number issues at a higher division. However, a child will only be allowed to participate in 1 game per week unless approved by the SNEYFC Executive Board or by agreement of the opposing coach (if the SNEYFC Executive Board is not available) AND only if the addition of a player or players is required to reach the league minimum of 14 eligible players on the sideline. The Executive Board of the SNEYFC must be notified of any player movements.

b. Players that move up a division for any reason will only be allowed to do so twice. Once that player moves up a third time the move will be permanent, regardless of league age. This means that once a player is active on the sideline for a game in a division that is higher than their league age division for the third time they will be required to remain at that division.

## 6. Declaration of Teams

a. Leagues would have until July 1<sup>st</sup> of the current playing season to declare which divisions they will be participating in for the current playing season in order for the schedule to be constructed.

b. If a league fields teams at all divisions the start times for regular season games can be adjusted to accommodate travel (i.e., 11:00 a.m., 2:00 p.m., 5:00 p.m., 8:00 p.m.) on Saturdays. Towns that play on Sundays may have scheduling challenges at the end of the season due to daylight; however, we need to consider the proposal based upon league ages, not based upon the schedule. Sunday games could be played at 9:00 a.m., 11:00 a.m., 1:00 p.m. and 3:00 p.m.). Other options would be to play the Pee Wee game on a different day other than Sunday or at a different location to accommodate the towns that play on Sundays. A scheduling committee will be formed to develop the schedule for the current playing season.

c. If a league enters more than one team in a division, each team must have a minimum of 18 players on each team.

d. If a league enters more than one team in a division it is expected that these teams will be equally balanced with skill and talent. One team should not be 'loaded' while the other team is not.

e. If you are unable to field a team in the Pee Wee, Micro or Junior Divisions, those players would obviously have the option to move up a division to play. However, these players will not be allowed to participate in another town without a waiver. If a waiver is granted in this scenario, that player must return to the league which governs where they reside for the following season (i.e., 1 year only waiver). The two exceptions to this would pertain to the Senior Division for 7<sup>th</sup> and 8<sup>th</sup> graders. If a league is not able to field a Senior Division team during the current season, 7<sup>th</sup> graders would be allowed to play for another town in the SNEYFC during the current season (since there isn't a division for them to move up to) but would still be required to obtain a waiver from the SNEYFC Executive Board and would be required to return to their governing town the following season (i.e., 1 year only waiver granted by the SNEYFC Executive Board). 8<sup>th</sup> graders in the Senior Division would be allowed to play for another league in the SNEYFC during the current season but would still be required to obtain a waiver from the SNEYFC Executive Board but would not be required to return to their governing town due to the fact that they would be entering the 9<sup>th</sup> grade the following year. If a player is held back in the 8<sup>th</sup> grade they would be required to return to the governing town the following season.

f. As a minimum all leagues shall field a Senior, Junior and Micro team. Pee Wee teams will still be structured and will follow the same schedule of games as the three upper divisions when possible. If a league is not able to field a team they must notify the SNEYFC Executive Board one (1) week prior to the August Monthly Meeting. A meeting will then be established to determine if the league in question to determine the reason for not able to field the perspective team. If it was determined that the league had the ability to field a team (i.e. have a in house program) and they desired to not field the team then all teams with thin that league as a whole will be prohibitive from any post season play. If it is determined that players from a specific town held off on registering in their governing town in order to influence their governing town to not field a specific team, those players will be sent back to their governing town and their preliminary waivers will be revoked by the SNEYFC Executive Board.

g. If a league within the SNEYFC is only able to field one team out of Micros, Juniors and Seniors by the imposed deadline, this team will be placed in a co-op with another league as determined by the SNEYFC eBoard.

g. If a league is unable to field any teams for the current calendar year, the league will be removed as a member of the SNEYFC and would need to reapply for entrance back into the SNEYFC for the following season.

g. Due to safety concerns of the players in the SNEYFC, players participating in the SNEYFC will only be permitted to participate on one team during the regular season and post-season. Playing on multiple teams in different conferences or associations during the regular and post season will not be allowed (e.g., SNEYFC and a team in a conference other than the SNEYFC).

## 7. Limitations on Weight Restricted Players

b. Weight restricted players may kickoff after a score or to start a half as permitted by NFHS rules.

c. Weight restricted players on kick returns are relegated to the front line only.

## 8. Late Registrations

Each town will be permitted to accept registrations for football players only until kickoff of Week 2 of the regular season. Players who register after weigh-ins but prior to kickoff of Week 2 will only be permitted to play non-skill weight positions and must be numbered accordingly (50-79). These players will be required to follow the same weigh-in procedures as all other players.

## N. Weigh-Ins

### 1. Location

An official weigh-in of all participating players will be required within one (1) week prior to the season's opening game. The Weigh-In Committee will determine the time and place for weigh-ins. The League President or his designated representative shall be present at the weigh-ins.

### 2. Official Roster

Each team must present their official roster to the Weigh-In Officials prior to the official weigh-in. This roster must be legible and completely filled out in numerical order.

The Weigh-In Committee will not weigh the team until the roster is complete. If a team or league arrives with incomplete paperwork they will be required to move to the end of the weigh-in schedule to afford them sufficient time to complete their paperwork correctly. The President of the League is responsible to ensure that all of their team's paperwork is filled out correctly PRIOR to weigh-ins. All players may be videotaped or photographed and must show their assigned game jersey(s), report card and a birth certificate, or other acceptable proof of their date of birth. Home address must also be listed on each team's roster.

Fourteen (14) players must be physically able to be dressed and play in a game as scheduled. If a team cannot field 14 players on any game day, that team will forfeit that game. If the number of players falls below 14 during the game, the game may continue at the discretion of the game officials.

### 3. Absence from Weigh-In

Any player that will be absent on the day of official weigh-ins will be weighed in prior to that date, at the convenience of the Executive Committee. A maximum of 12 early weigh-ins will be allowed per league in any combination of the four (4) divisions.

#### 4. Official Scales for Weigh-In

All Head Coaches shall have the right to have the Weigh-In Committee calibrate the weigh-in scales prior to his/her team's weigh-in.

#### 5. Female Player Weigh-ins

When female players are participating in weigh-ins, the player (s) may be weighed in prior to, and separately from the male players from her league, if requested. The female player's coach(s) may be present consistent with VI.L.5. Additionally, the female player's parent may be present.

It is highly suggested that female players attend the early weigh-in hosted by the Conference. Attendance at the early weigh-in by female players will not count against the maximum of twelve (12) early weigh-ins allowed per league in any combination of the four (4) divisions.

#### 6. Special Cases

All special cases concerning weigh-in will be handled by the Weigh-In Committee Chairman. Special cases do not include a player, coach, or Parent/Guardians' disregard for the importance of the designated official weigh-in date. It is important that all teams weigh-in at the same time. Evidence of a team or league applying for a special case to provide additional time for a player to lose weight will be considered cheating and will be dealt with as such. Failure to notify the weigh-in committee prior to official weigh-ins of a player being out of town, not having a ride, etc. does not constitute a special case. If a league's official roster falls below fourteen (14) players, and after trying to exercise Playing Rule VI.A.4 (Movement Between Teams) in an effort to add a new player or players to bring the official roster back up to fourteen (14) player, the Conference President must be notified in writing. The final decision to add to a league's official roster will be determined by the Executive Board of the SNEYFC.

#### 7. Proof of Age

Birth certificates, Baptismal papers, passports, adoption papers or a military dependent ID card are acceptable for proof of age to participate as a football player. The Executive Board shall have the final determination of whether the documents provided are valid and acceptable.

### O. Official Cheerleading Roster Validation

#### 1. Submission Procedures

Each League shall submit to the Vice President of Cheering a complete roster of all cheerleaders for each division on the approved Conference form together with a copy of each cheerleader's birth certificate or other authorized proof of age and a copy of their last report card. The cheerleaders shall be listed in alphabetical order and the proof of age documents arranged in a like manner. The roster package shall be presented in person at the August meeting of the roster validation committee.



## 2. Validation of Season Rosters

Following the submission process, if a town arrives with incomplete paperwork, they will be required to move to the end of all of the towns checking in to afford them sufficient time to complete and finalize their paperwork (includes mini level divisions). Any Birth Certificate found missing shall be noted on the roster form and NOT validated. The respective coach shall have 24 hours to send a PDF of the Birth Certificate via email to the Vice President of Cheerleading in order for the cheerleader to be eligible for play during the current season. The validated roster sheet must stay with the coach at all times during games. Participants validated at season roster validations determine the number of participants for team size as it relates to competition division placement.

## 3. Validation of Competition Rosters

Official Cheerleading Competition Rosters along with liability forms and Game Attendance will be turned into the VP of Cheerleading at the October Validation Meeting. Any documents if found missing the respective coach(s) shall have 24 hours to send a PDF of the signed document via email to the Vice President of Cheerleading. There will be no exceptions to this requirement. Cheerleaders listed on the competition roster must have been previously listed and validated at the current season roster validation.

## 4. Proof of Age

Birth certificates, Baptismal papers, adoption papers, passports, or a military dependent ID card are acceptable for proof of age to participate in cheerleading competition(s). The Executive Board shall have the final determination of whether the documents provided are valid and acceptable.

## P. Playing Season

SNEYFC defines the playing season as August 1<sup>st</sup> or 4 weeks prior to the first game whichever comes earlier, through 3 weeks prior to the start of the season the following year.

Football players and Cheerleaders may attend outside camps and/or clinics prior to the start of the current year's Playing Season. All outside camps and/or clinics hosted by member towns are subject to review by the Executive Board of the SNEYFC, to ensure that no unfair competitive advantage is gained by any town hosting an outside clinic and/or camp. The Executive Board of the SNEYFC shall insure that all leagues are notified of any authorized clinics/camps. Outside camps and/or clinics are defined in CIAC rules and specifically shall be other than league sponsored, open to the public and therefore open to all leagues (towns). No camp or clinic shall consist of more than 4 continuous days of instruction. No SNEYFC Coach (active, current, potential or prospective) may provide instruction or guidance in the sport of Football to prospective players for the upcoming Playing Season outside the times defined as the Playing Season. Violation of this rule will result in loss of eligibility to coach in the Conference for 1 year.

Strength and conditioning are not considered a camp / clinic. As parents and facilitators of the sport of Football in our towns, it's should be recognized that having volunteers from the Youth Football League conducting conditioning and/or appropriate strength training will have benefits that outreach just the football aspect of young athlete's wellbeing. If your town turns strength / conditioning into something that is far more like "Football Practice", eligibility to coach for 1 year in the conference will be discussed as an appropriate measure of discipline for the offending person(s) by the Executive Board of the SNEYFC.

#### Q. Playing Schedules

The President, or his appointed Committee, shall present a new schedule to all Conference members no later than the June Conference meeting. The Board of Directors must approve all game schedules.

#### R. Practice Schedules

##### 1. Start of Practice

No teams shall begin any organized practice sessions (i.e., instruction session, blackboard sessions, tryouts, etc.) prior to the determined first day of practice of the current calendar year with the exception of the cheerleading squads that have tryouts.

The cheerleading squads will only be able to hold two (2) practices and one (1) tryout date prior to August 1st in order to properly order uniforms, equipment, shoes/sneakers, body suits, etc. Practice sessions may be held at the discretion of the individual league coaching staffs after the August 1st date.

##### 2. Jamborees

Jamborees may be held on the weekend prior to weigh-ins for purposes of practicing under games conditions. No league however, that adheres to these by-laws shall be excluded from participating in a jamboree.

- a. No league shall participate in more than one jamboree per season.
- b. Each league expecting to participate in a Jamboree shall declare their intent at the July meeting to the host town. If declaring, all levels (Micros, Juniors, Seniors) must participate in the jamboree.
- c. Coaches may be on the field to provide instruction
- d. Full pads and helmets shall be worn and all rules with regard to safety shall be adhered to (blocking, line play, and positional eligibility).
- e. Rules of play governing number of downs or plays, starting position, and time may be modified per participating coach's agreement

- f. There shall be no kick off or punt returns during a jamboree
- g. Age limitations for each division shall be strictly adhered to
- h. Because weigh-ins will not have taken place, coaches will be expected to exercise good judgment as to whether a player allowed to enter the jamboree is significantly beyond the weight limitations either for their position or division. If there appears to a discrepancy the opposing coach shall end the scrimmage immediately until the discrepancy is resolved. If the discrepancy is not resolved, then that jamboree at that location is over for that division.
- i. The Executive Board of the SNEYFC and the Board of Directors shall be empowered to discipline offending coaches, leagues and players for failure to follow these rules or to follow the Coaches Code of Conduct as they see fit.

### 3. Scrimmages

The SNEYFC recognizes the need for some towns to offer instructional scrimmage games ("B" games) to accommodate towns with larger player numbers to player that are not as advanced in skill or size to play competitively within the four divisions. These are with coaches on the field. They may be played under regular game format or under controlled scrimmage format, decided by the participating coaches prior to the start of the game. If no agreement can be reached, regular game rules for that division will apply.

Any player that will be participating in scrimmage games ("B" games) must attend the SNEYFC weigh-in for that division.

## S. Amendments to By-Laws and Playing Rules

### 1. Submittal of Proposed Changes

Proposals to change these By-Laws and Playing Rules must be submitted in writing to the Chairman of the By-Law Committee no later than 4 weeks before the February Conference meeting so they can be presented at the February Conference meeting. The By-Law Committee prior to publication will study all changes.

### 2. Publication of Proposed Changes

The By-Law Committee shall study the changes proposed in accordance with paragraph VI.P.1 above and publish them at the February Conference meeting along with a recommendation for their disposition. They may be discussed and modified at that time, but no additional (new) By-Law changes may be added from the floor.

### 3. Voting on Proposed Changes

Voting on the published proposals shall occur at the March Conference meeting.

#### 4. Changes during Playing Season

a. Changes to the Playing Rules, deemed to be in the best interest of the Conference, may be requested and made at any time during the year (playing season), provided they are submitted in writing to all Conference members prior to the Conference meeting that the Rule Change will be reviewed, discussed and voted on by the Conference Board of Directors.

b. Any Playing Rule submitted after 4 weeks prior to the February meeting shall require a unanimous vote in the affirmative to be passed for inclusion in the current season.

### T. Committees

#### 1. Mandatory Committees

a. The President shall appoint the following committees at the February meeting:

1. By-Law Committee - Administer the requirements of Article VI.O (Amendments to By-Laws and Playing Rules) and advise the Executive Board on matters pertaining to their interpretation. Vice President, Chairman.
2. Weigh-In Committee - All Executive Board
3. Nominating Committee
4. Publicity Committee - One Executive Board member.
5. Grievance/Ethics Committee
6. Cheerleading Committee – To be comprised of the Conference V.P. of Cheerleading and Cheerleading Directors or cheerleading coaches from all leagues. This committee may meet monthly and bring any proposals to the regular SNEYFC meetings for action. All proposals must be handled by the Board of Directors at a regular SNEYFC meeting in accordance with the SNEYFC by-laws. No proposals or policies will be implemented without the approval of the SNEYFC Board of Directors.

#### 2. Additional Committees

a. The President may appoint additional committees to insure the efficient and proper operation of the Conference.

#### 3. Cheerleading Committees

The Vice President Cheerleading shall appoint the following committees:

- a. Cheerleading competition(s) Committee

b. Season Roster Validation Committee

c. Competition Roster Validation Committee

## APPENDIX A

### SNEYFC LEAGUE ASSIGNMENTS AND BOUNDARIES

#### LEAGUE BOUNDARIES

Note: The inclusion of various areas in the following boundary description does not place any obligation on the respective leagues. They may draw from any portion of their area limits at their own discretion.

- A. Killingly - Brooklyn: Specifically, the towns of Brooklyn, Killingly.
- B. Ledyard: Specifically, the towns of Ledyard, Preston and North Stonington.
- C. Montville: Specifically, the towns of Montville, Bozrah, Salem, Franklin and Norwich.
- D. Stonington: Specifically, the towns of Stonington and North Stonington.
- E. East Lyme: Specifically, the towns of East Lyme, Lyme, Salem, East Haddam and Old Lyme.
- G. Groton - Mystic: Specifically, East boundary (the Mystic River), North boundary (Ledyard town line), South boundary (Long Island Sound), West boundary (the Thames River north to and including the Military Highway).
- H. Waterford: Specifically, the towns of Waterford and New London.
- I. Westerly: Specifically, the towns of Westerly and Chariho.
- J. Windham: Specifically, the towns of Windham, Lebanon, Scotland, Hampton, Franklin, Mansfield and Chaplin.
- K. Griswold: Specifically, the towns of Griswold, Lisbon, Preston, Sprague, Canterbury and Voluntown.
- L. Tolland: Specifically the towns of Tolland, Mansfield, Coventry and Willington
- M. Plainfield: Specifically the towns of Plainfield, Sterling and Canterbury
- N. Colchester: Specifically the towns of Colchester, East Haddam, Lebanon, East Hampton, Bozrah and Salem
- O. Ellington: Specifically the towns of Ellington, East Windsor, South Windsor, Somers and Vernon
- P. RHAM: Specifically the towns of Hebron, Amston, Marlborough, Andover, Columbia, Lebanon, Bolton and Coventry
- Q. WPTP: Specifically the towns of Woodstock, Putnam, Thompson, Pomfret and Eastford.

Note: Leagues will only be permitted to advertise/recruit in the towns affiliated based upon the list above.

Any player who resides in the areas above may elect to play with either of the teams indicated. Only one (1) choice is allowed and it remains final throughout the players Conference eligibility, unless the player changes residence out of the original area in question, or the player sits out for one full season as described in VI.C.1.b.

N. Moving Out of League Boundaries

Any player who has participated in the Youth Football Program conducted by any league of this Conference may, if he desires, continue to participate with that league after moving from the league area subject to the following conditions:

1. He is not cut by the league for normal reasons, such as ability, weight, age, discipline, etc.
2. His participation remains continuous from season to season excluding injury or illness interruptions.

Example: If a player elects not to finish the season or to play in any subsequent season after he leaves a district, he forfeits this option with that league and may resume play only in the district of his current residence.

P. Other Areas

Players residing in areas not designated or specified as league boundaries may participate with any league, with proof of their residency. Only one (1) choice is allowed and it remains final throughout the players Conference eligibility, unless the player changes residence out of the original area in question, or the player sits out for one full season as described in VI.C.1.b.

## APPENDIX B UNIFORM COLORS

<b>TEAM</b>	<b>Jersey</b>	<b>Numbers</b>	<b>Pants</b>	<b>Helmet</b>
COLCHESTER COUGARS	BLUE AND WHITE (REVERSABLE WHEN NEEDED)	WHITE (FOR BLUE JERSEYS, BLUE (FOR WHITE JERSEYS)	RED	RED
EAST LYME VIKINGS	CARD	WHITE	CARD	BURGUNDY
ELLINGTON ROADRUNNERS	BLACK	ORANGE w/WHITE OUTLINE	BLACK	BLACK
GRISWOLD WOLVERINES	GREEN	BLACK w/WHITE TRIM	BLACK w/FOREST TRIM	BLACK
GROTON/MYSTIC FALCONS	RED/BLACK	WHITE	BLACK	BLACK
KILLINGLY REDMEN	MAROON	WHITE	MAROON	GOLD
LEDYARD COLONELS	NAVY BLUE	GOLD	NAVY BLUE	GOLD
MONTVILLE WOLVES	BLACK	WHITE	BLACK	BLACK
PLAINFIELD PANTHERS	ORANGE	BLACK w/WHITE OUTLINE	BLACK	ORANGE
RHAM RAMS	YELLOW	BLACK	BLACK	BLACK
STONINGTON BEARS	BROWN	WHITE	VEGAS GOLD	VEGAS GOLD
TOLLAND EAGLES	RED	BLUE	BLUE (RED PANTS FOR SOME HOME GAMES)	BLUE
WATERFORD LANCERS	ROYAL	WHITE	ROYAL BLUE	ROYAL
WESTERLY BULLDOGS	DARK BLUE	WHITE	DARK BLUE	WHITE
WINDHAM WHIPPETS	DARK BLUE	MAROON	MAROON	MAROON
WPTP HAWKS	BLACK/WHITE (reversible)	WHITE/ GOLD/ BLACK	BLACK	BLACK



## APPENDIX C - COACHES CODES OF CONDUCT

1. Refrain from using any tobacco products on the field.
2. Do not criticize players in front of spectators, but reserve constructive criticism for private, or in the presence of the team players if others might benefit.
3. Accept decisions of the game officials on the field as being fair and called to the best ability of said official.
4. Do not criticize an opposing team, its players, coaches, or fans by word of mouth or gesture.
5. Emphasize that good athletes strive to be good students and that both are physically and mentally alert.
6. Strive to make every football activity serve as a training ground for life, and a basis for good mental and physical health.
7. Emphasize that winning is the result of good teamwork.
8. Refrain from using abusive and profane language before anyone.
9. Abstain from the drinking of alcoholic beverages on both the game field and practice fields.
10. Do not deliberately incite unsportsmanlike conduct.
11. Refrain from excessive sideline coaching.
12. Together with game officials, you are jointly responsible for the conduct and control of team fans and spectators.
13. Be honest and fair to all players. Remember they are young people taking your direction.
14. Make no promises you cannot or do not intend to keep
15. The main objective of coaching is to teach the fundamentals of football. Winning is not the most important thing, especially at our level of competition.
16. Uphold all rules and regulations of the SNEYFC and any others adopted by our organization.
17. Refrain from running-up the score as the phrase is used. When a commanding lead is obvious, every effort shall be made to let all players play.
18. Coaches do not make team or League policy, they carry it out. However, on the playing fields, the coaching staff is in complete charge and shall not be interfered with except in cases of rules violations and any other conduct deemed by higher authority to be inimical to the welfare of the players.
19. All personnel must wear appropriate attire at all times (practices and games). References to drugs, alcohol, guns, violence, nudity, profane language, etc. will not be tolerated and personnel violating this policy will be subject to immediate removal from the field of play and/or suspension.

### NAMES & SIGNATURES

Head Coach: \_\_\_\_\_